MULTIPLE CHOICE

1. Historically, the first highly decorative braids were seen among _____ tribes.
   a. African
   b. Egyptian
   c. English
   d. French

   ANS: A  PTS: 1  REF: Page 528

2. As early as 3000 BC, _____ women wore braids or plaits decorated with shells, sequins, and glass or gold beads.
   a. African
   b. Egyptian
   c. English
   d. French

   ANS: B  PTS: 1  REF: Page 528

3. Hairstyling that does not alter the natural curl or coil patterns of hair is known as _____.
   a. trend hairstyling
   b. natural hairstyling
   c. fashion hairstyling
   d. thermal hairstyling

   ANS: B  PTS: 1  REF: Page 528

4. With proper care, a braided hair design can last up to _____ months.
   a. three
   b. six
   c. nine
   d. ten

   ANS: A  PTS: 1  REF: Page 528

5. Perform a thorough _____ in order to avoid client misunderstanding and ensure a happy ending to every natural hairstyling service.
   a. assessment
   b. consultation
   c. review
   d. debriefing

   ANS: B  PTS: 1  REF: Page 528-529

6. During the consultation, the stylist must pay special attention to the client’s hair _____.
   a. style
   b. length
   c. texture
   d. color

   ANS: C  PTS: 1  REF: Page 529
7. In terms of braiding and other natural hairstyling, the diameter of hair refers to whether the hair is _____.
   a. medium, fine, or smooth
   b. smooth, dry, or wiry
   c. coarse, medium, or fine
   d. straight, wavy, or fine

   **ANS:** C  **PTS:** 1  **REF:** Page 530

8. With regard to the wave pattern or configuration, textured hair is defined as hair with a(n) _____.
   a. very soft curl pattern
   b. smooth wave pattern
   c. oily curl pattern
   d. tight curl pattern

   **ANS:** D  **PTS:** 1  **REF:** Page 530

9. Within the natural hairstyling/braiding world, hair is referred to as **natural or virgin** if it has never had any _____ treatments.
   a. texturing
   b. coloring
   c. chemical
   d. styling

   **ANS:** C  **PTS:** 1  **REF:** Page 531

10. The _____ technique involves overlapping two strands to form a candy cane effect.
    a. twisting
    b. weaving
    c. wrapping
    d. braiding

    **ANS:** A  **PTS:** 1  **REF:** Page 531

11. Which technique involves sewing a weft of faux or natural hair onto a cornrow braid, and then wrapping and locking to create African locks or dreadlocks?
    a. Twisting
    b. Weaving
    c. Wrapping
    d. Braiding

    **ANS:** B  **PTS:** 1  **REF:** Page 531

12. What brushes are best for stimulating the scalp as well as for removing dirt and lint from locks?
    a. Square paddle brushes
    b. Boar-bristle brushes
    c. Nylon-bristle brushes
    d. Combination bristle brushes

    **ANS:** B  **PTS:** 1  **REF:** Page 531

13. Which type of brush is good for releasing tangles, knots, and snarls in short, textured hair and long, straight hair?
    a. Boar-bristle
    b. Square paddle
    c. Vent
d. Round
ANS: B       PTS: 1       REF:  Page 532

14. Square paddle brushes are _____ because they have a cushion of air in the head that makes the bristles collapse when they encounter too much resistance.
   a. soft bristle
   b. hard rubber
   c. natural bristle
   d. pneumatic
ANS: D       PTS: 1       REF:  Page 532

15. What type of brush has a single or double row of widely spaced pins with protective tips to prevent tearing and breaking the hair, which can be used to gently remove tangles on wet and wavy or dry and curly hair, as well as human hair extensions?
   a. Square
   b. Double-tooth
   c. Vent
   d. Tail
ANS: C       PTS: 1       REF:  Page 532

16. The teeth on _____ range in width from medium to large, and have long rounded tips to avoid scratching the scalp.
   a. wide-tooth combs
   b. double-tooth combs
   c. tail combs
   d. finishing combs
ANS: A       PTS: 1       REF:  Page 532

17. What type of comb is excellent for design parting, sectioning large segments of hair, and opening and removing braids?
   a. Wide-tooth comb
   b. Double-tooth comb
   c. Tail comb
   d. Finishing comb
ANS: C       PTS: 1       REF:  Page 532

18. Which tool is useful for lifting and separating textured hair?
   a. Tail comb
   b. Pick with rounded teeth
   c. Cutting comb
   d. Double-toothed comb
ANS: B       PTS: 1       REF:  Page 532

19. What blow-dryer attachment loosens the curl pattern in textured hair for braiding styles, and dries, stretches, and softens textured hair?
   a. Diffuser
   b. Concentrator
   c. Comb nozzle
   d. Butterfly clip
20. Extension fibers, hackles, and drawing boards are examples of the implements and materials needed for hair _____.
   a. extensions  
   b. cutting  
   c. styling  
   d. shampooing  
   ANS: A  PTS: 1  REF: Page 533

21. Extension fibers come in a variety of types: Kanekalon®, nylon, rayon, human hair, yarn, lin, and _____.
   a. horse  
   b. lamb  
   c. yak  
   d. doll  
   ANS: C  PTS: 1  REF: Page 533

22. A board of fine, upright nails that is used to comb or detangle human hair extensions or to blend colors is called a(n) _____.
   a. drawing board  
   b. hackle  
   c. leather board  
   d. extension  
   ANS: B  PTS: 1  REF: Page 533

23. Which manufactured synthetic fiber is used for hair extensions that is durable, soft, and less inclined to tangle than many other synthetics?
   a. Kanekalon®  
   b. Yarn  
   c. Synthetic  
   d. Rayon  
   ANS: A  PTS: 1  REF: Page 533-534

24. _____ is extension material that may cut or break the hair and melt with the application of excessive heat.
   a. Kanekalon®  
   b. Yarn  
   c. Nylon  
   d. Cotton  
   ANS: C  PTS: 1  REF: Page 534

25. A light, soft extension material that does not reflect light and gives the braid a matte finish is _____.
   a. nylon  
   b. yarn  
   c. rayon  
   d. cotton  
   ANS: B  PTS: 1  REF: Page 534
26. An imported wool fiber available in black or brown with a matte finish that is used in hair extensions is _____.
   a. lin
   b. yak
   c. rayon
   d. linen

   ANS: A  PTS:  1  REF:  Page 534

27. What strong extension material comes from the domestic ox found in the mountains of Tibet and central Asia?
   a. Lin
   b. Wool
   c. Yarn
   d. Yak

   ANS: D  PTS:  1  REF:  Page 534

28. ____ is best braided slightly damp or very lightly coated with wax or pomade to make it more pliable.
   a. Curly, textured hair
   b. Fragile, dry hair
   c. Straight, resistant hair
   d. Short, dry hair

   ANS: C  PTS:  1  REF:  Page 534

29. Blowdrying to prepare the hair for braiding softens textured hair, stretches the hair shaft length, and _____.
   a. elongates a wave pattern
   b. reduces a wave pattern
   c. shrinks a wave pattern
   d. thickens the diameter

   ANS: A  PTS:  1  REF:  Page 535

30. The ____ braid is a three-strand braid that is created with an underhand, or plaiting, technique.
   a. fishtail
   b. box
   c. inverted
   d. visible

   ANS: D  PTS:  1  REF:  Page 535

31. The invisible braid, also known as the ____ braid, is a three-strand braid that is produced with an overhand technique, or overlapping the strands of hair.
   a. box
   b. fishtail
   c. inverted
   d. visible

   ANS: C  PTS:  1  REF:  Page 535

32. A ____ braid is created with two strands that are twisted around each other.
   a. box
   b. fishtail
   c. rope
33. What is a simple two-strand braid in which the hair is picked up from the sides and added to strands as they are crossed over each other?
   a. Inverted
   b. Extension
   c. Fishtail
   d. Invisible

   ANS: C  PTS: 1  REF: Page 536

34. The terms *single braids, box braids, or individual braids* all refer to _____.
   a. underhand braids
   b. inverted braids
   c. extension braids
   d. free-hanging braids

   ANS: D  PTS: 1  REF: Page 537

35. _____, also known as canerows, are narrow rows of visible braids that lie close to the scalp and are created with a three-strand, on-the-scalp braiding technique.
   a. Invisible braids
   b. Cornrows
   c. Box braids
   d. Fishtail braids

   ANS: B  PTS: 1  REF: Page 538

36. What method of applying extensions to cornrows or individual braids allows them to look natural, last longer, and not place excessive tension on the hair line?
   a. Feed-in method
   b. Traditional method
   c. Freehand method
   d. Comb method

   ANS: A  PTS: 1  REF: Page 538-539

37. The traditional cornrow is flat, natural, and contoured to the _____.
   a. hairline
   b. nape
   c. forehead
   d. scalp

   ANS: D  PTS: 1  REF: Page 539

38. Most braided styles are appropriate for _____.
   a. round face shapes
   b. square face shapes
   c. diamond face shapes
   d. oval face shapes

   ANS: D  PTS: 1  REF: Page 539
39. _____ braiding is a newer way to add hair for a longer look by braiding or cornrow braiding along with hair extensions, so that the finished look shows mostly faux hair.
   a. Twist
   b. Tree
   c. Lock
   d. Cornrow
   ANS: B   PTS: 1   REF: Page 540

40. A _____ set is a two-part set that can be done on natural hair, transitional hair, twists, extensions, weaves, wigs, and locks.
   a. twist
   b. braid
   c. lock
   d. coil
   ANS: A   PTS: 1   REF: Page 541

41. Which term refers to separate networks of curly, textured hair that have been intertwined and meshed together?
   a. Braids
   b. Twists
   c. Locks
   d. Cornrows
   ANS: C   PTS: 1   REF: Page 542

42. The method of locking where portions of hair are placed between the palms of both hands and rolled in a clockwise or counterclockwise directions is called _____.
   a. comb method
   b. prelock
   c. palm roll
   d. intertwine
   ANS: C   PTS: 1   REF: Page 543